

Hey Parents.....

Have You Heard of the Choking Game?

bet your kids have.

Talk to them NOW!

Be informed

Keep them Safe

IT'S TIME TO STOP THE CHOKING GAME

For More information go to:
www.stop-the-choking-game.com
www.deadlygameschildrenplay.com
www.ChokingGameInformation.com

Please help us put a STOP to this Deadly activity.
Send US donations to:

Stop The Choking Game Association, Inc.
c/o Community First
P.O. Box 1487
Appleton, WI 54912

Send Canadian donations to:
Cheques payable to Sharron Grant in trust for
Deadly Games Association
c/o Toronto Dominion Bank
2 Pointz St. Unit 117
Penetang, Ontario, Canada
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Ronald Ellis Wicker 13



Shawntae Chavez 14



Stephen T. Connelly 16



Stevie Andrew Ackley 14



Kyle Kelly McCarthy 13



Jeffrey David Peak 14



Michael Galvan 15



Jesse Grant 12



Kadee Alcott 13



Mary Margaret Sipple 14



Matthew Norman Vander Stel 16



Michia Sims 20



Chelsea Dunn 13



Jason Isaac Linkins 14



Braden Erickson 13



Adam Janssen 12



Colin Michael Russel 13



Dylan A. Blake 11



Gabriel Harry Mordecai 13



Jeffrey Patton 16



Nicholas Andres Serna 16

**These kids didn't know the dangers.
Make sure your kids DO!**

What is The Choking Game?

It is a risky behavior that is killing children, frequently in the 9 to 16 year range, though there are instances of children both older and younger who have been injured or died. The Choking Game achieves a brief high or euphoric state by stopping the flow of blood containing oxygen to the brain. Sometimes children choke each other until the person being choked passes out. The pressure on the arteries is then released and blood flow to the brain resumes causing a "rush" as consciousness returns. Playing this game in any form causes the permanent and cumulative death of large numbers of brain cells. Seizures could happen due to the lack of oxygen. The variation in blood pressure may also cause strokes, and retinal damage.

The danger becomes even greater when a ligature is used and there is no one there to **IMMEDIATELY** release the pressure, he is unable to help himself. The child will suffer brain damage and certain death after three minutes. Some of those who have died were alone for as little as 15 minutes before someone found them and it was already too late. This activity can claim a child's life the first time it is played.

Why Do Kids Do This?

Some do it for the "high" which can become addictive. Others do it because it's considered COOL and RISKY. Most were well liked; active, intelligent, stable children who wanted nothing to do with drugs or alcohol. This was an activity they felt was safe. Children have no clue about the physiological principles involved and need to be told by the adults in their lives how dangerous this is. Also, most children have no concept of their own mortality. They truly believe nothing can hurt them.

What are the Symptoms of this Activity?

There is of course no "test" for this. It is chemically undetectable. However, there are some signs which raise red flags:

1. Inexplicable marks or bruises on the throat.
2. Frequent, severe headaches
3. Redness of the eyes
4. Belts, leashes, ropes, shoelaces tied in strange knots or found in unusual locations.
5. Unexplained cuts or bruises from falling.
6. Disorientation after spending time alone.
7. Locked bedroom doors.

Not all of these signs may be present.

The Single Best Weapon Against This Activity is Information!

Most children have no clue how dangerous this activity is. Most parents have no clue that kids are doing this until someone in their lives dies or is damaged by it. The statistics on injuries and deaths related to this activity are not accurate due to the misclassification in many cases ie; suicide. The only way to stop the deaths from this activity is to publicize the danger of it as we do the use of drugs and alcohol.

How Long Has This Been Going On?

This activity has been going on for generations. In almost any group of adults, one can find someone who played this game in some form or another when they were children. The modification that has made it even more dangerous is the use of ligatures and the practice of doing it alone. Make no mistake. It is **NEVER** safe, but most children who get into trouble are alone.

How widespread is this Activity?

Deaths have occurred from this activity nationwide and in other countries around the world.

What can I Do to Help Stop This?

Talk to the children in your life, parents and everyone you know who work with children. Make sure they understand why it is so dangerous to participate in this activity. We have a hard time calling this a game, but that's what the kids call it. Even if they survive, people who participate are killing brain cells each time they do this. The damage done is **PERMANENT** and **CUMULATIVE!**

What Else is this Called?

There are numerous names for it. Space Monkey, Fainting-Passout Game, Black Out game, American Dream, Flatliner, Space Cowboy, Knock Out, Gasp, Rising Sun, Airplaning. There may be others as well.

You can get more information from
www.stop-the-choking-game.com
www.DeadlyGamesChildrenPlay.com
www.ChokingGameInformation.com

"If we had known about this thing we would have told our son about the dangers and he would have never tried it. He was smart, funny and lovable. We miss him terribly. Please talk to your kids and let them know before it's too late!"

Glenn and Mary Janssen (parents of Adam 12 yrs)

"Ignorance is NOT bliss!" Sarah Pacatte (mother of Gabriel 13 yrs)

"Parents must talk to their children immediately! Even if there are no signs that they are playing the game. Telling the kids how dangerous and deadly this can be, is not going to make them curious to try it. It will give them the facts they need to make a good healthy choice."

Scott Metheny (DARE Officer)

75% of kids already know about this game and how to play it!